MCT Practical Exercise

Infidelity/Sex Therapy

# Part 1/4 – Relevant Topics

**Instructions:** Choose 2 or 3 relevant topics needed for the test (Need at least 2). These can be infidelity or sex therapy topics your organization might receive requests to test on or you can select from the common relevant topics listed below.

*Relevant topics should adhere to the following guidelines:*

* *Focus on specific actions or behaviors.*
* *Focus on the examinee’s own experience/actions – not those of others.*
* *Be clear and concise – not subjective.*
* *Use time frames to narrow the scope.*
* *Don’t ask about intent, desires, or emotions.*
* *Don’t use accusatory or assuming language.*
* *Don’t use legal, emotionally charged, or judgmental terms.*
* *Make sure test topics are distinct and different – no crossover.*

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| **R1** |  |
| **R2** |  |
| **R3** |  |

Common relevant topics for infidelity and sex therapy:

* Sexual contact with someone besides *spouse* since getting married.
* Sexual contact with someone besides partner since committing to each other.
* Sexual contact with [insert name]*.*
* Viewing/accessing sexually explicit materials since *month/year*.
* Masturbating to fantasies of… since *month/year*.
* Making contact with an affair partner since…
* Using an unreported social media account

Cont.

# Part 2/4 – Comparison Topic

**Instructions:** Choose a comparison topic for your company/organization. Select from the suggested list if needed.

*Comparison topics should adhere to the following guidelines:*

* *Low probability the examinee has participated in the behavior or act (less than 3% prior probability)*
* *Must have the most severe consequences of all issues (often considered illegal)*
* *Must be relevant – it should make sense when compared to the relevant topics and the organization would be interested in knowing*
* *Be plausible – examinee could have participated in the behavior or act, but not likely*

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| **R4 (Comparison)** |  |

List of suggested preemployment comparison topics:

*Male examinees*

* Using a date rape drug to commit a sex act
* Using a weapon to commit a sex act
* Having sexual contact with a minor as an adult (if low probability)
* Having sexual contact with a child (child = someone younger than 16)
* Viewing or possessing child pornography
* Creating or distributing child pornography
* Participating in sex trafficking

*Female examinees*

* Prostitution
* Selling sexually explicit images of yourself online
* Maintaining a “fans only” web page
* Committing sex acts in a commercial movie (porn star)

Cont.

# Part 3/4 – Write Instructions from Template

**Instructions:** Write the test instructions using the relevant and comparison topics you have chosen by altering the text shown in blue in the “instructions” column. Do not alter the gray text in the “example” column; it is shown for guidance and should not be copied. The purpose of this exercise is to test your current skill and understanding of the training materials so please do not copy example text from any of the training presentations.

*Please consider the following when writing MCT test instructions:*

* *Present the topics in the following order: R4, R1, R2, R3*
* *Be specific – include time frames, definitions and examples*
* *Be simple – avoid wordiness and confusing language*
* *Follow the guidelines for relevant and comparison topics*
* *Proofread and avoid spelling and grammatical errors*

*NOTE: Consider using HTML code and bullet points to help with the visual presentation of the instructions for the examinee (Use a <br> for a hard return or line break. Use <br><br> as a double hard return).*

*Delete or add rows if needed.*

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| **Instructions** | **Example** |
| **This truth verification test will ask about your involvement in these four issues:<br><br>(1) INSERT Comparison topic, <br>(2) INSERT Relevant topic #1, <br>(3) ) INSERT Relevant topic #2, and <br>(4) ) INSERT Relevant topic #3** | Introduce the 3 or 4 test topics chosen above, making sure to list the comparison topic first, followed by the R1, R2, and R3. |
| **First, we want to ensure INSERT Comparison topic paragraph…** | First paragraph for the comparison topic. Explain why it is a topic of concern and describe what it is. |
| **INSERT Comparison topic description…** | Provide further definitions and examples to describe the comparison topic so that it is clear and understandable to the examinee. Avoid extraneous language or legal terms. |
| **INSERT comparison topic severe consequences paragraph…** | Emphasize the serious nature of the comparison topic and detail the consequences if found guilty. This is only needed for the comparison topic and none of the other topics. |
| **Second, this test will ask if you INSERT R1 topic...** | Second, introduce the R1 topic with time frames if any and operational definitions if any. Define the operational definitions (example: In this test “that day” refers to March 5, 2023, and “that boy” refers to David, your son). |
| **R1 Topic paragraph/description...** | Provide further description and detail about the R1 topic if needed, listing any applicable examples. Make sure definitions are concrete and free of subjectivity. Make sure any examples address the issue of most concern. |
| **Third, INSERT R2 Topic...** | Third, introduce the R2 topic with time frames and operational definitions if any. Provide definitions and examples to make it clear what is being asked. If needed, add another line if more paragraphs are required for the R2. |
| **Lastly, INSERT R3 Topic...** | Finally, introduce the R3 topic with any time frames and operational definitions. |
| **R3 Topic paragraph/description** | Make sure to describe the R3 action or behavior and provide examples if necessary. Add more lines if more paragraphs are needed to properly explain the R3 topic. |
| **In summary, this test will ask about your involvement in each of the following four issues:<br>(1) INSERT Comparison topic <br>(2) INSERT Relevant topic #1 <br>(3) INSERT Relevant topic #2, and <br>(4) INSERT Relevant topic #3.** | Summarize the test topics in a list format similar to the introductory paragraph, with the comparison list first. |
| **If you done R4 COMPARISON TOPIC, have done R1 TOPIC, done R2 TOPIC, or done R3 TOPIC,**please tell the test administrator now. | Invite the examinee to confess if they have done any of the topics described in the preamble. Make sure to list each topic again so it is clear. |

Cont.

# Part 4/4 – Write Statements from a Template

**Instructions:** Write the statements for the relevant and comparison topics by altering the text shown in blue below in the left column. The example text in gray will show one example of a true and false statement per topic but all blue statements should be different – DO NOT copy the gray text. The purpose of this exercise is to test your current skill and understanding of the training materials so please do not copy example text from any of the training presentations.

*Consider the following when writing statements:*

* *Include 6 TRUE and 6 FALSE statements for each topic*
* *All statements must be unique*
* *Balance – all statements should be roughly the same length*
* *Each topic statement refers to the same action or behavior in corresponding topic paragraphs from instructions*
* *Keep it simple – do not use confusing wording or include spelling or grammatical errors*
* *Include time frames and other qualifiers from the pre-test instructions*

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| **R1 - True** | **Example** |
| **I have not...** | I have not had sexual contact with anyone besides my current partner since dating them. |
| **I have avoided...** | I have not had sexual contact with anyone besides my current partner since dating them. |
| **I am innocent of...** | I have not had sexual contact with anyone besides my current partner since dating them. |
| **I have never...** | I have not had sexual contact with anyone besides my current partner since dating them. |
| **I did not...** | I have not had sexual contact with anyone besides my current partner since dating them. |
| **I am not guilty of...** | I have not had sexual contact with anyone besides my current partner since dating them. |

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| **R1 - False** | **Example** |
| **I admit to...** | I have had sexual contact with someone besides my current partner since dating them. |
| **I am guilty of...** | I have had sexual contact with someone besides my current partner since dating them. |
| **I have...** | I have had sexual contact with someone besides my current partner since dating them. |
| **I have been...** | I have had sexual contact with someone besides my current partner since dating them. |
| **I did...** | I have had sexual contact with someone besides my current partner since dating them. |
| **I am someone who...** | I have had sexual contact with someone besides my current partner since dating them. |

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| **R2 - True** | **Example** |
| **I have not...** | I have not viewed or access any pornography since January 2023. |
| **I have avoided...** | I have not viewed or access any pornography since January 2023. |
| **I am innocent of...** | I have not viewed or access any pornography since January 2023. |
| **I have never...** | I have not viewed or access any pornography since January 2023. |
| **I did not...** | I have not viewed or access any pornography since January 2023. |
| **I am not guilty of...** | I have not viewed or access any pornography since January 2023. |

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| **R2 - False** | **Example** |
| **I admit to...** | I have accessed or viewed some pornography since January 2023. |
| **I am guilty of...** | I have accessed or viewed some pornography since January 2023. |
| **I have...** | I have accessed or viewed some pornography since January 2023. |
| **I have been...** | I have accessed or viewed some pornography since January 2023. |
| **I did...** | I have accessed or viewed some pornography since January 2023. |
| **I am someone who...** | I have accessed or viewed some pornography since January 2023. |

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| **R3 - True** | **Example** |
| **I have not...** | I have not hidden any social media accounts from my current partner. |
| **I have avoided...** | I have not hidden any social media accounts from my current partner. |
| **I am innocent of...** | I have not hidden any social media accounts from my current partner. |
| **I have never...** | I have not hidden any social media accounts from my current partner. |
| **I did not...** | I have not hidden any social media accounts from my current partner. |
| **I am not guilty of...** | I have not hidden any social media accounts from my current partner. |

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| **R3 - False** | **Example** |
| **I admit to...** | I am hiding social media accounts from my current partner. |
| **I am guilty of...** | I am hiding social media accounts from my current partner. |
| **I have...** | I am hiding social media accounts from my current partner. |
| **I have been...** | I am hiding social media accounts from my current partner. |
| **I did...** | I am hiding social media accounts from my current partner. |
| **I am someone who...** | I am hiding social media accounts from my current partner. |

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| **R4 - True** | **Example** |
| **I have not...** | I have ever used a date rape drug to have sex with someone. |
| **I have avoided...** | I have ever used a date rape drug to have sex with someone. |
| **I am innocent of...** | I have ever used a date rape drug to have sex with someone. |
| **I have never...** | I have ever used a date rape drug to have sex with someone. |
| **I did not...** | I have ever used a date rape drug to have sex with someone. |
| **I am not guilty of...** | I have ever used a date rape drug to have sex with someone. |

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| **R4 - False** | **Example** |
| **I admit to...** | I have ever used a date rape drug to have sex with someone. |
| **I am guilty of...** | I have ever used a date rape drug to have sex with someone. |
| **I have...** | I have ever used a date rape drug to have sex with someone. |
| **I have been...** | I have ever used a date rape drug to have sex with someone. |
| **I did...** | I have ever used a date rape drug to have sex with someone. |
| **I am someone who...** | I have ever used a date rape drug to have sex with someone. |