HMCT Practical Exercise

Infidelity/Sex Therapy

# Part 1/2 – Choose Topics

**Instructions:** Choose relevant and comparison topics for the test. Recommendation: use the same topics chosen for the MCT practical exercise. Select from the suggested topics below, if needed. Follow the guidelines for choosing good test topics.

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| **R1** |  |
| **R2** |  |
| **R3** |  |
| **R4 (comparison)** |  |

**Suggested Relevant Topics (R1, R2, R3)**

* Sexual contact with someone besides *spouse* since getting married.
* Sexual contact with someone besides partner since committing to each other.
* Sexual contact with [insert name]*.*
* Viewing/accessing sexually explicit materials since *month/year*.
* Masturbating to fantasies of… since *month/year*.
* Making contact with an affair partner since…
* Using an unreported social media account

**Suggested Comparison Topics (R4)**

*Male examinee’s*

* Using a date rape drug to commit a sex act
* Using a weapon to commit a sex act
* Having sexual contact with a minor as an adult (if low probability)
* Having sexual contact with a child (child = someone younger than 16)
* Viewing or possessing child pornography
* Creating or distributing child pornography
* Participating in sex trafficking

*Female examinee’s*

* Prostitution
* Selling sexually explicit images of yourself online
* Maintaining a “fans only” web page
* Committing sex acts in a commercial movie (porn star)

Cont.

# Part 2/2 – Write Statements

**Instructions:** Write the statements for the relevant and comparison topics by altering the text shown in blue below in the “R1, 2, 3, and 4 - No/Yes” column. Use the text shown in gray in the “example” column as a reference but do not just copy it.

*Please consider the following when writing your statements:*

* *Include 3 NO, 1 YES, 4 TRUE and 4 FALSE statements for each topic*
* *All statements must be unique*
* *Balance – all statements should be roughly the same length*
* *Each topic statement refers to the same action or behavior in corresponding topic paragraphs from instructions*
* *Keep it simple – do not use confusing wording or include spelling or grammatical errors*
* *Include time frames and other qualifiers from the pre-test instructions*

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| **R1 - No** | **Example** |
| **Have you …?** | Have you had sexual contact with anyone besides current partner since dating them? |
| **Did you…?** | Besides your current partner, have you had sexual contact with anyone else since dating? |
| **Are you guilty of…?** | Did you have sexual contact outside your current relationship since it began? |

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| **R1 - Yes** | **Example** |
| **Have you…?** | Is your current partner the only one you have had sexual contact with since you started dating? |

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| **R1 - False** | **Example** |
| **I admit...** | I have had sexual contact with someone besides my current partner since dating them. |
| **I am guilty of...** | Since I began dating my current partner, I have had sexual contact with someone else. |
| **I have...** | Since our relationship began, I had sexual contact with someone other than my partner. |
| **I have been an...** | Since dating my current partner, me and someone else had sexual contact. |

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| **R1 - True** | **Example** |
| **I have not...** | I have not had sexual contact with anyone besides my current partner since dating them. |
| **I have avoided...** | I have never had sexual contact outside my current relationship. |
| **I am innocent of...** | My current partner is the only person I’ve had sexual contact with since we began dating. |
| **I have never...** | I have only had sexual contact with my current partner since dating them. |

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| **R2 - No** | **Example** |
| **Have you …?** | Have you viewed or access pornography since January 2023? |
| **Did you…?** | Since January 2023, have you viewed or accessed pornography? |
| **Are you guilty of…?** | Was there any pornography viewed or accessed by you since January 2023? |

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| **R2 - Yes** | **Example** |
| **Are you…?** | Have you avoided viewing or accessing pornography since January 2023? |

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| **R2 - False** | **Example** |
| **I admit...** | I have accessed or viewed some pornography since January 2023. |
| **I am guilty of...** | Since January 2023, I did access or view some pornography. |
| **I have...** | My time since January 2023, does include accessing or viewing pornography. |
| **I have been an...** | I am guilty of accessing or viewing pornography since January 2023. |

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| **R2 - True** | **Example** |
| **I have not...** | I have not viewed or access any pornography since January 2023. |
| **I have avoided...** | Since January 2023, I have not viewed or access any pornography. |
| **I am innocent of...** | I am innocent of accessing or viewing pornography since January 2023. |
| **I have never...** | Pornography was not access or viewed by me since January 2023. |

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| **R3 - No** | **Example** |
| **Have you …?** | Have you hidden a social media account from your current partner? |
| **Did you…?** | Did you hide a social media account from your current partner? |
| **Are you guilty of…?** | Is there a social media account that you have hidden from your current partner ? |

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| **R3 - Yes** | **Example** |
| **Have you..?** | Have you disclosed all social media accounts to your current partner? |

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| **R3 - False** | **Example** |
| **I admit...** | I am hiding social media accounts from my current partner. |
| **I am guilty of...** | I have not told my current partner about every social media account I use. |
| **I have...** | I am currently lying to my partner about the social media accounts I use. |
| **I have been an...** | I have hidden a social media account from my current partner. |

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| **R3 - True** | **Example** |
| **I have not...** | I have not hidden any social media accounts from my current partner. |
| **I have avoided...** | No social media accounts have been hidden by me from my current partner. |
| **I am innocent of...** | I have disclosed all of my social media accounts to my current partner. |
| **I have never...** | I am not currently hiding any social media accounts from my partner. |

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| **R4 - No** | **Example** |
| **Have you …?** | Have you ever used a date rape drug to force sex with someone? |
| **Did you…?** | Are you guilty of using a date rape drug to force sex with someone? |
| **Are you guilty of…?** | Have you forced sex with someone by sing you a date rape drug? |

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| **R4 - Yes** | **Example** |
| **Have you..?** | Are you innocent of using date rape drugs to have sex with people? |

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| **R4 - False** | **Example** |
| **I admit...** | In the past, I have used a date rape drug to force having sex with someone. |
| **I am guilty of...** | I did use a date rape drug once to make someone have sex with me. |
| **I have...** | Date rape drugs have been used by me to have sex with someone. |
| **I have been an...** | I once used a date rape drug to force someone to have sex with me. |

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| **R4 - True** | **Example** |
| **I have not...** | I have ever used a date rape drug to have sex with someone. |
| **I have avoided...** | I have never forced someone to have sex with me by using a date rape drug. |
| **I am innocent of...** | Not once have I used a date rape drug to have sex with someone. |
| **I have never...** | Date rape drugs have not been used by me to force sex acts with someone. |